



GRAVITY

DANCE COMPANY

FACULTY

MEET OUR TALENTED TEAM OF INSTRUCTORS.

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2024-2025 FACULTY



MS. Q

Studio Owner, Artistic Director

Shiquita Sargent, known professionally as Ms. Q, is the owner and Artistic Director of Gravity Dance Co. She is a highly sought out choreographer and dance instructor, as well as a writer, world traveler and 2x cancer survivor from Long Beach, Ca. She attended Wilson High School where she was Class President, Speech and Debate Captain, Varsity Cheer Captain, a member of 12 on campus clubs and on the dance team as a dancer/student choreographer. Upon graduating from Wilson, Ms. Q went on to dance at Disneyland while attending college and dancing professionally. She has performed and choreographed for Snoop Dogg, Keri Hilson, Jason Statham, Michael Jackson, Trey Songz and more- and has been featured in over 2 dozen TV, movie, music videos and print ads, from the hit movie "Bring it On" to ads with Target. After graduating from Wilson in 2003, she has choreographed in almost every dance show since. Having a background as a professional dancer, whilst being a dance instructor and choreographer for several local studios, she saw the need for fine-arts access, diversity and inclusivity for communities of color. From there, she founded and opened her dance studio: Gravity Dance Co. Gravity is an award winning studio that not only teaches dance, but life skills, and has toured, competed and performed all over the country for the past 13 years. Gravity won a national championship in 2022 and has been featured on Lifetime's hit show, "Dance Moms", the main stage at Nascar for two consecutive races, the LA Sparks halftime show, numerous community engagements and season one and two of ABC's hit comedy, 'Abbott Elementary' as the official dance team. She was featured by Long Beach Post Newspapers "Phenomenal Woman in business", on KTLA, CBS and FOX for her work in the community, as well as being honored by the Bixby Knolls Business Association for Women's History Month. She received the Los Angeles County 'White Rose Award' from councilwoman Janice Hahn. While traveling the world, writing, working in the community and running her studio, she shares her story of hope and survivorship along the way. She takes pride in uplifting and empowering people of all ages, especially her students.



Mr. Justin



Assistant Director/Instructor

Justin Edmonson, born in Long Beach, CA started his journey very young through the states of Arizona, Texas, and back to Arizona again. Coming from a family who is much influenced by music, the arts became the foundation of the artist he'd later become. It wasn't until coming back to California and seeing Cabrillo High School's award-winning dance team as a freshman that Justin decided to join the team until he graduated in 2007. While at Cabrillo Justin learned there was more to dance than just Hip Hop. He began to explore other genres and soon began to cultivate his interest and the art of choreography. Justin took his love for choreography a little bit more seriously while at Long Beach City College getting more into dance and choreography doing small events and shows. Studying and performing Hip-Hop, Ballet, Modern, Jazz, African, Social Dances, Dunham Technique, and Horton Technique under the tutelage of Karen McDonald, Jennifer Waters, Keisha Clark-Booth, Chris Smith, Wendi Baity, Marie Hoffman, Erin Landry, Stephanie Powell, Troy Powell, Mike Espiranza, Tiffany Billings, Frit & Frat Fuller and Pat Taylor. Justin is currently dancing his 11th season with JazzAntiqua Music & Dance Ensemble (Pat Taylor) teaching, presenting work across California, and recently starting his non-profit foundation XclusivMovement Foundation, Inc. which was conceived out of creating his dance company with high school friend Camille Bowen, in the fall of October 2012. When Justin isn't teaching or dancing, he works as a photographer and creative director with his business XclusivTradez Inc.

Ms. Taylor



Instructor

Taylor Hardwick is a heavily trained dancer from Carson, Ca. Having danced at Gravity since age 7, she has been dubbed “little Q” as her moniker for how much she dances, speaks and looks like our studio owner, Ms. Q, whom she trained under from the start of her dance training. After being an advanced dance team member at Wilson High school, she is now a dance teacher and is currently in nursing school in San Francisco, traveling to SoCal to not only inspire our dancers, but also to serve her community through health and wellness. She has gone from a student at Gravity to an instructor. She is hands on and engaging with each dancer and prides herself in technique and connectivity. Taylor’s credits include ABC’s Abbott Elementary, several other professional and community engagements, national titles as a dancer and a world of knowledge.

Ms. Sofia



Instructor

Sofia is a passionate and versatile dancer with extensive training in Lyrical, Jazz, Hip-Hop, Contemporary, Hula, Ballet, and Modern. She is currently pursuing a degree in Pre-Nursing at California State University, Long Beach, bringing the same commitment to her studies that she brings to the studio.

Sofia is known for her dedication, drive, and warmhearted approach to teaching. She believes in using dance as a powerful means of expression and connection, and is passionate about creating meaningful, innovative choreography that inspires her students. With a strong desire to expand her teaching experience, she is committed to sharing the joy and beauty of dance with others, fostering growth both artistically and personally.

Whether she's in the classroom or on stage, Sofia's love for the art of dance shines through. She brings high energy, compassion, and professionalism to every class, and is excited to continue contributing her creative skills to the dance community.

Mr. Darrell



Instructor

Mr. Darrell started his training at Wilson High School in Beginning Dance. After being awarded the Beginning Dance Scholarship, Mr. Darrell began choreographing for the Wilson Dance Dept. Once he graduated from Wilson, he continued to dance and choreograph throughout college. Earning a Bachelors in Kinesiology: Dance, he took his talents and began teaching at Gravity Dance Company and schools like Burbank, John Burroughs and Wilson High. He is currently the dance director at Hughes Middle School. Mr. Darrell trained under working choreographers like Shawnette Heard, Anthony Thomas, Teresa Espinosa, Rhapsody James, and Kevin Maher during his time on the Debbie Reynolds Scholarship Program. He was a scholarship student for 9 months where he trained in House, Whacking, Vogueing, Popping, Locking, and Grooves. He recently had the opportunity to choreograph for ABC's hit show Abbott Elementary and has worked with artists like the Pentatonix and Kat Graham. He takes pride in bringing all that he knows to Gravity, with much love and insight.

Ms. Bianca



Instructor

Bianca is a Virginia native who danced competitively and started as a gymnast. She trained since the age of two in various technical styles but Tap, Jazz, Acro and Contemporary are her favorites. A graduate with a BFA from Point Park University in Dance & a minor in Communications. She is also currently a judge for various dance competitions & conventions from the east coast to the west. Some of her credits include faculty on Abby Lee Dance Company, Virgin Voyages Cruise Line, Holland America Cruise Line, Disney Cruise Line, Disney's Tale of the Lion King at Disney Land , In The Heights, So You Think You Can Dance, Sheetz, and more.

Ms. Honey



Instructor

Honey Almanzar is a professional ballet dancer and teacher from Great Britain. She is a professional dancer of over 30 years, holding soloist and principal positions and is a teacher, Artistic Director and Choreographer. She has taught at AA dane studio, Westi Studios, Westside Ballet, Royal Academy of dance and was the former artistic director of Santa Monica Contemporary Ballet. She still performs occasionally. She has a degree in Forest and Wildlife Conservation with a minor in dance and speaks French and German. She also holds a CPD certificate in Proprioception. Honey has a hands on teaching approach and is able to see what needs to be corrected immediately. She can get dancers to go beyond their own boundaries and can recognize an injury immediately.

Ms. Sienna



Instructor

Sienna Dobbins started dancing at the age of 12. She was a competitive dancer for 5 years. In those years she was placed in the overalls at many competitions such as KAR, Hollywood connection, Applause Talent, Countdown, Act1, Revolution, and Energy. She has also been awarded Performer of the Year at my local dance studio. Over the years she's taken many master classes from conventions and have been awarded the "celebrity award" from Hollywood Connection. She's excelled in many different styles of dance such as Contemporary, Jazz, Hip Hop, Musical Theater, and Ballet and has a very unique style and approach to teaching and choreography.

Coach Glennis



Instructor

Glennis Seldon is a Realtor and fitness instructor from Long Beach, Ca. A track star and alumni of Willson High, she took her talents to run collegiate. She now is a certified fitness instructor, former track coach at Lakewood high and current track coach at Wilson High. She brings light and joy to each of her classes while encouraging each participant to get fit through xd



We look forward
to dancing with
you!